

2018 Cub Adventure Family Camp Menu

Meal	Friday	Saturday	Sunday	Monday
Breakfast		Breakfast 8:00-9:00 AM - Staff Only	Breakfast 7:30-8:30 am - Participants & Staff	Breakfast 8:00-9:00 am - Participants & Staff
		Cold Cereal	breakfast burritos, Flour Tortillas, Cold Cereal, Oatmeal	Oatmeal/Cold Cereal
		Bacon, Sausage	bacon, sausage, , scramble eggs	Brown sugar, cranberries
		Fruit (Canned & Fresh)-Pineapple chunks	cheese, onions, jalapeno peppers, salsa, ketchup	toast peanut butter/jelly, butter, cream cheese, honey
		Greek Yogurt, granola	hash browns -tri patties	Greek yogurt, granola
		Oatmeal, dried cranberries, brown sugar, honey	Fruit (Canned & Fresh)-Canned peaches	Fruit (Canned & Fresh) Slice apples and oranges
		Milk, Orange Juice, tea, Coffee	toast, butter, peanut butter & jelly, honey	Coffee, Tea, Water, Milk, Orange juice
		Eggs	Greek yogurt, granola	Biscuits, bagels
		Potatoes	brown sugar, cranberries	French Toast
		Onions/Bell Peppers	Milk, Orange Juice, tea, Coffee, hot chocolate	
Lunch		Lunch 12:00-1:00 - Participants & Staff	Lunch 12:30-1:30 pm - Participants & Staff	12:00 pm - Staff
		Cold cut sandwiches, White, wheat,hoagie buns	Beef Tosados/Tacos	Smorgasbord-left overs
		turkey, salami, ham	Shredded lettuce, cheese,tomatoes, sour cream, jalapeno	
		cheese, pickle, onion, lettuce and tomato	refried beans	
		Macaroni Salad	Salad 4 way mix, salad dressings	
		chips	Churros	
		Fruit (Canned & Fresh)	peanut butter and jelly cups, honey	
		Cookie	Ice Tea, lemonade, water, Coffee	
		4 way salad mix, Salad dressing, Bacon, Cheese, Eggs	Sliced watermelon	
		Honey		
		Ice Tea, lemonade, orange drink, Coffee, water		
Dinner	Staff Only	Dinner 5:00-6:30 - Participants & Staff	Dinner 5:00-6:30 pm - Participants & Staff	
	Boneless chicken thighs	Hamburgers, Hot dogs	Roasted chicken quarters	
	Cheddar Cheese	Potato Bar	Cobbler & ice cream	
	Enchalada Sauce	lettuce, tomato, onion, salsa, bacon, cheese	Salad 4 way mix, salad dressings	
	Onions	sour cream, jalapeno peppers, green onions, chives	Fruit (Canned & Fresh)	
	Bell Peppers	Salad 4 way mix, salad dressings	Potatoes	
	cookies	Fruit (Canned & Fresh)	Tea, lemonade, orange drink, tea, water	
		peanut butter and jelly cups, honey	Biscuits	
		Potato Salad		
		Tea, lemonade, orange drink, water		
Cracker-barrel		Cracker Barrel 9:00 pm - - Participants & Staff	Have peanut butter, bread, apples, oranges out at ALL times.	
		crackers, cheese cubes		
		apple, orange slices		
		cookies, rice krispy treats		
		tortilla chips and salsa		
		coffee, hot tea, lemonade, orange drink, water		